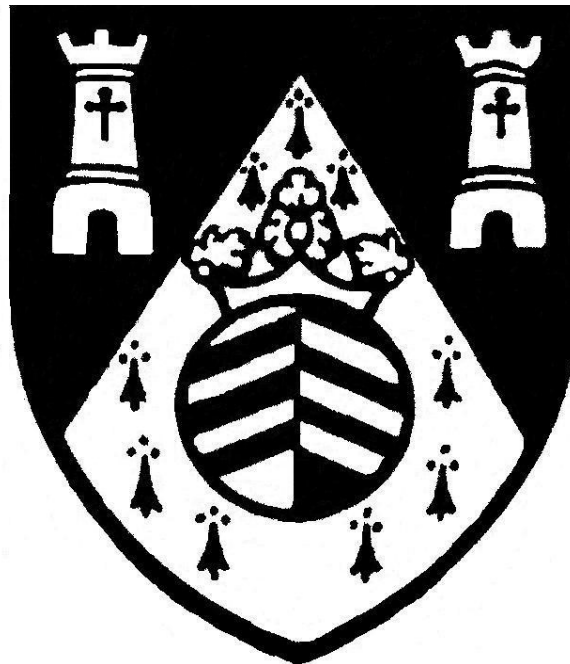




City of Cardiff Swimming Club

Clwb Nofio Dinas Caerdydd

CARDIFF · BAY · SPRINT · 20
LONG COURSE LEVEL 3 OPEN MEET 24



Saturday 6th JULY 2024

CARDIFF
INTERNATIONAL
POOL & GYM

event information | session times to be confirmed



Licence Number: 3WL240197
(Under World Aquatics Technical Rules & Swim Wales Laws)

REMEMBERING | KEITH BEWLEY



City of Cardiff Swimming Club

Clwb Nofio Dinas Caerdydd

Jointly hosted by

BARRY ASC & CITY OF CARDIFF SWIMMING CLUB

35th CARDIFF BAY SPRINT MEET

LICENCE NUMBER 3WL240197

(Under World Aquatics Technical Rules and Swim Wales Laws)

Saturday 6 July 2024

This is a Level 3 Long Course Licenced Meet

Only electronic entries will be accepted for this meet.

VENUE

Cardiff International Pool, Olympian Drive, Cardiff, CF11 0JS

POOL

10 Lane 50m pool | Omega electronic timing | anti-turbulence lane ropes

AGE GROUPS

Boys 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over

Girls 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & Over

OPEN

Para Swimmers

AGE UP DATE

6 July 2024

| Minimum age for entry is 9 years

EVENTS:

All events will be Heat Declared Winner | All age groups

50m Freestyle, Backstroke, Breaststroke, Butterfly

200m Individual Medley

Officials & Poolside Volunteering

In order to be able to use all 10 lanes CoCardiff require parents from all participating clubs to volunteer to be timekeepers and qualified officials at this gala. Please contact Jim McCulloch, our Officials co-ordinator.

ACCESS SWIM MEET: <https://www.swim-meet.com/Availability/>

SELECT THIS MEET TO REGISTER YOUR AVAILABILITY



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PROGRAMME OF EVENTS | Warm up & Session Times TBC

SATURDAY SESSION ONE Warm up & Session Times TBC			SATURDAY SESSION TWO Warm up & Session Times TBC		
101 HDW	Boys	50m Backstroke	201 HDW	Boys	50m Breaststroke
102 HDW	Girls	50m Freestyle	202 HDW	Girls	50m Butterfly
103 HDW	Boys	50m Butterfly	203 HDW	Boys	50m Freestyle
104 HDW	Girls	50m Breaststroke	204 HDW	Girls	50m Backstroke

SATURDAY SESSION THREE Warm up & Session Times TBC		
301 HDW	Boys	200m Individual Medley
302 HDW	Girls	200m Individual Medley

PROMOTER'S CONDITIONS

CLOSING DATE **MONDAY 3 JUNE 2024 Time: 20:00** (No late entries will be accepted)
ENTRY PRICING £8.50 per event

AWARDS Medals will be given to the first 3 places in each age category.

Any swimmer finishing in a time faster than that set by the **UPPER CUT OFF TIME** will be issued with a 'speeding ticket' and no medal will be awarded to that swimmer for that event. Swimmers must ensure that they are suitably clothed (t shirt and shorts) when receiving awards. Medals will only be available on the day and can be collected from the medal table on poolside.

The Top 9-year-old swimmer will be awarded the '**Rowland Jones Trophy**' at the end of the Meet and the winner will be able to keep a commemorative trophy. Events qualifying for the Trophy will be by the completion of **all four 50m Sprint Events** on a points basis (10 points for 1st place, 7 points 2nd place and 5 points for 3rd place. Then 4 -1 points for fourth thru to 7th place.)

The '**Brian Hardwicke Cup**' will be awarded to the top 12-year-old at the end of the Meet using the Heat Declared winners regardless of graded time entries and the winner will be able to keep a commemorative cup. Qualifying events for the Cup will be as described for the **Rowland Jones Trophy** above

ENTRIES Upper Cut Off Times will be applied to all events with all entry times being slower than or equal to the UCT. No Times (NT) are acceptable.

Entry Times must have been obtained at a licenced meet, and random checks will be made against the ASA Online Rankings Database. City of Cardiff Swimming Club may request validation of any stated entry time.

If swimmers are found to have entered the meet with any false or made-up times, they will be disqualified from all events that they have entered and their entry fees will be forfeited.

Entry times may be submitted as short course or long course times using the Hy-Tek entry file but will be converted to long course times using Hy-Tek's Meet Manager software. Estimated times are not permitted.



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The electronic event entry file can be obtained from the Cardiff Bay Meet page on our website: www.cardiffswimming.co.uk

Email electronic entries/enquiries to ccsc.homemeets@gmail.com

Team Manager Lite application and instructions can be downloaded free of charge from www.hy-tek.com/downloads

Electronic entries must be produced from Hy-Tek's Team Manager or Team Manager Lite software.

Clubs are requested to send all entries with an entry report, completed summary sheet and any poolside applications at the same time with one payment via BACS transfer, (BACS details available upon request) to cover all swimmers and coach passes.

Electronic entries will be acknowledged with receipt confirmation. No entries will be processed until full and complete payment is received.

Entry forms are to be retained by the club. There will be no entry cards for this event. Please ensure that you put adequate postage on posted entries. Envelopes with insufficient postage will not be collected from the Royal Mail depot.

Entries will be rejected for the following reasons:

- ❖ Incorrectly completed or received without the relevant fee
- ❖ Faster than the upper cut off entry times
- ❖ Improved entries
- ❖ Received after the closing date **MONDAY 3 JUNE 2024** Time: 20:00

NO LATE ENTRIES WILL BE ACCEPTED | NO ENTRIES ON THE DAY

The Promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded to club in question.

City of Cardiff Swimming Club reserves the right to return entries if the meet is oversubscribed. In this case, the slowest entry times in each age group will be rejected and swimmers will be scratched at the promoter's discretion.

City of Cardiff Swimming Club reserves the right to cancel the event if the meet is under subscribed. City of Cardiff Swimming Club reserves the right to move events (as a last resort) if the meet is oversubscribed in order to comply with timing requirements set out by Meet Licensing.

On receipt of all entries City of Cardiff Swimming Club will run a competition entry check to ensure all entrants are current members of their club and their details exactly match with the records held on Rankings. Clubs will be notified of any "non-matches" or other issues detected. They must provide updated swimmer information. There is a chance that non-matched swimmers will not have their results added to Rankings.

MEET RESULTS

The Meet results will be posted on the City of Cardiff Swimming Club website within 72 hours of the Meet closing. Results will be submitted to British Swimming and Swim Wales for their reference and inclusion in rankings.

For clubs using Hy-Tek, a complete electronic copy of the Meet results can be



City of Cardiff Swimming Club

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obtained following the Meet. For all other clubs a PDF copy of the Meet results can be obtained following the Meet. Any Clubs wishing to use this service should provide their e-mail details to the Meet Office during or prior to the Meet.

POOL PASSES

(NOT TRANSFERABLE)

Only members affiliated to Swim Wales/Scottish Swimming/Swim England or a member of a FINA affiliated country will be eligible for a coach's pass. Passes must be purchased in advance of the Meet for all coaches, chaperones, personal care attendants and team managers who require poolside access, who must conform to the Swim England child protection procedures.

£20.00 per poolside pass - to be worn at all times to gain access to and whilst on poolside. Para swimmers' personal care attendants will be entitled to one free Pass.

Swim Wales passes may be used for identification; however, a poolside pass must be purchased. Passes will only be issued on receipt of Swim Wales/Swim England registration number, a DBS number and a passport photo.

THERE IS NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOL PASS. PASSES MUST BE PURCHASED IN ADVANCE, NOT ON THE DAY.

SEEDING

All events will be spearheaded and swum slow to fast, based on entry times.

SESSION TIMES

Session timing will be finalised once all entries have been processed and swimmers/clubs will be notified accordingly. Please note that it is the swimmers' responsibility to present themselves, ready to swim, to the marshalling area prior to the start of their event.

SPECTATORS

Tickets will be available via OrderWhizz. Further details will be circulated with the confirmed entries. The meet programme will be available to be downloaded.

STARTS ELECTRONICS

Over the top starts will be used wherever possible.

Omega electronic timing system with electronic display provided by Swiss Timing.

WITHDRAWALS

All withdrawals must be notified via email ccsc.homemeets@gmail.com before the commencement of the meet.

During the gala, all withdrawals must be notified in writing to the meet office by no later than 5:00pm on the day before competition. No refunds will be made for withdrawals after the entry deadline other than on medical grounds. A medical note must be provided on or before 31 July 2024.

CAMERA USE

The use of all photographic equipment and mobile phones is controlled at this Meet. NO FLASH photography is permitted. This guidance applies to all images and videos taken on any type of camera or recording device (including mobile phones that have a camera facility/hardware are recognised as a camera or photographic device).

City of Cardiff Swimming Club follow Swim Wales guidance which does not support the banning of phones but does support the requirement that phones should emit a 'noticeable sound' if the camera facility is used. Any photos taken should fall within the Swim Wales guidelines which are contained in the General Meet Conditions under "Events" at www.swimwales.org/key-documents.

The publishing of a photograph of a swimmer under 18, either on a notice board or in a published article or video recording (including video streaming) of the Meet should only be done with parental consent and in line with Swim Wales guideline.



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CAR PARKING

Provided by Cardiff Council please use the former TOYS R US car park opposite the International Pool. There is a daily charge. The Club & Legacy Leisure receive no income from the parking.

CONDUCT

Behavior becomes "unacceptable" when it is considered "offensive" to others; this includes, but is not limited to, the following:

Theft, willful damage to property and or equipment, acts of vandalism, abuse of alcohol and or drugs, bullying, offensive language, aggressive/violent acts, threatening behavior, all breaches of safety practices, failure to comply with instructions/directions, actions that bring the sport of swimming into disrepute

Unacceptable behavior will not be tolerated in any circumstances, and all such occurrences will be referred to the Meet Director and Referee and could result in removal from the competition.

COVID 19 PROTOCOLS

Any additional requirements as detailed by Welsh Government; Swim Wales & Legacy Leisure may be operated during the gala if Covid 19 remains a health concern. Any details to be supplied with the confirmed entries.

HEALTH & SAFETY

All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and Normal Operating Procedures & Emergency Action Plan for Cardiff International Pool.

No outdoors shoes to be worn on the poolside. Suitable footwear must be worn outside the pool area (including the balcony area) and particularly when moving around and climbing the steps in the competitors' area.

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, earrings (except studs), and rings (except wedding bands).

City of Cardiff Swimming Club will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

The front four rows of the spectator area are reserved for swimmers and coaches only seated in their Clubs. **Swimmers are asked not to enter the spectators' area or balcony/foyer whilst they are competing.**

If you are unable to execute a competent racing dive do not use the starting blocks at any time during this swim meet. A competent racing dive is defined as in the ASA Competitive start award; each swimmer is required to hold one of these. It is the Coach and/or Team Managers responsibility to ensure that this is the case for all swimmers intending to execute a racing dive.

No swimmer should topple into the water in the event of a false or faulty start - a proper shallow dive must be performed. It is the responsibility of the swimmer and/or parent to declare to the referee any disability or medical condition that could present a health or safety risk. If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.



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DATA PROTECTION

Submission of entries implies consent to the holding of any personal data collected and used by City of Cardiff Swimming Club in accordance with the Data Protection Act 1998 and General Data Protection Regulations (GDPR) May 2018.

These details may be made public before, during or after the Meet. All data will be recorded privately, securely stored and disposed of when no longer needed. You have the right to view your personal data & request its deletion under GDPR.

GENERAL

Any point not covered by these rules will be at the discretion of the organisers. Depending upon the situation, the Referee's decision will be final.

APPEALS

Any appeals must be submitted in accordance with FINA procedures and will be handled appropriately by the Meet Director and Referees.

EMERGENCY PROCEDURE

Any evacuation of the Cardiff International Pool will be led by the Legacy Leisure staff over the gala event with no action required other than to follow the instructions of the centre staff.

Suspicious Items If you suspect a suspicious item:

- Do not touch. Try and identify an owner in the immediate area
- If you still think it is suspicious do not feel embarrassed or assume someone has already reported it
- Report it to a member of the centre staff, or if they are not available dial 999 (do not use your mobile phone in the immediate vicinity)
- Move away to a safe distance - Even for a small item such as a briefcase move at least 100m away from the item starting from the centre and moving out.
- Report anyone entering an area they shouldn't be in
- Remain vigilant to any suspicious activity and report to a member of the Centre staff immediately

REMEMBER - IF YOU THINK IT IS SUSPICIOUS SAY SOMETHING



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CARDIFF BAY SPRINT MEET 2024

Cardiff International Pool, Cardiff
6 July 2024 | LICENCE NUMBER 3WL240197
(Under World Aquatics Technical Rules & Swim Wales Laws)

Coaches/Team Managers/ Chaperone/Pass - Application Form

PLEASE FULLY COMPLETE EACH SECTION EITHER ENCLOSE OR EMAIL JPEG PHOTOGRAPH FOR EACH PERSON		
CLUB:	Swim Wales/Swim England/Scottish Swimming Affiliation No.	DBS Number
1		
2		
3		
4		
5		

Meet Entry Summary Sheet

It is requested that a single payment via BACS is made for the complete club entry

Name of Club		Club Code	
Contact Name/email		Bank	
Address		Sort Code	
		Account No.	
TEAM SIZE			
No. Of Individual Entries		@ £8.50 per event	£
No. Of Coaches Passes		@ £20.00 each	£
			£

I declare that only our team members who have reached the standard of the Swim England Competitive Start Award will be permitted to start from the poolside. Those who have not will start in the water. I confirm all the Meet Conditions have been brought to the attention of swimmers, parents/guardians and coaches including the rules regarding photography. I agree to abide by the conditions laid down by the Meet Management for this event.

Club Secretary Signature Date:

This Form must be completed. Entries, payments, supporting reports, and poolside pass applications to be emailed with the Hy-Tek Meet Entry Fee Report and Entry File to ccsc.homemeets@gmail.com or stephen.jones@westernretail.co.uk or can be posted to:

Stephen Jones 71 COED COCHWYN AVENUE CARDIFF CF14 5BU

CLOSING DATE: MONDAY 3 JUNE 2024 at 20:00



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CARDIFF BAY SPRINT MEET 2024

Cardiff International Pool, Cardiff
 6 July 2024 | LICENCE NUMBER 3WL240197
 (Under World Aquatics Technical Rules & Swim Wales Laws)

LONG COURSE UPPER CUT OFF TIMES

	FEMALE							
	AGE	9	10	11	12	13	14	15yrs +
50m Backstroke	UCT	50.20	46.00	43.10	40.90	39.40	38.00	37.00
50m Breaststroke	UCT	57.00	51.20	47.80	45.00	43.10	41.50	40.60
50m Butterfly	UCT	48.20	44.00	40.70	38.60	36.70	35.70	34.80
50m Freestyle	UCT	42.80	39.80	37.30	35.40	34.00	32.90	32.20
200m I/M	UCT	3:55.20	3:29.60	3:14.30	3:03.30	2:56.80	2:52.30	2:48.90

	MALE							
	AGE	9	10	11	12	13	14	15yrs +
50m Backstroke	UCT	50.30	46.00	43.20	40.50	38.20	36.10	34.50
50m Breaststroke	UCT	56.80	51.60	48.20	44.60	41.80	39.70	37.80
50m Butterfly	UCT	48.80	43.50	40.80	38.10	35.90	34.00	32.20
50m Freestyle	UCT	42.60	39.00	37.00	34.90	33.00	31.30	29.70
200m I/M	UCT	3:52.00	3:29.60	3:14.30	3:02.80	2:52.70	2:44.80	2:38.40

UCT = Upper Cut Off Time

**Short Course Times will be converted to Long Course by Hy-Tek Meet Manager Software.
 The organisers reserve the right to return Entries.**