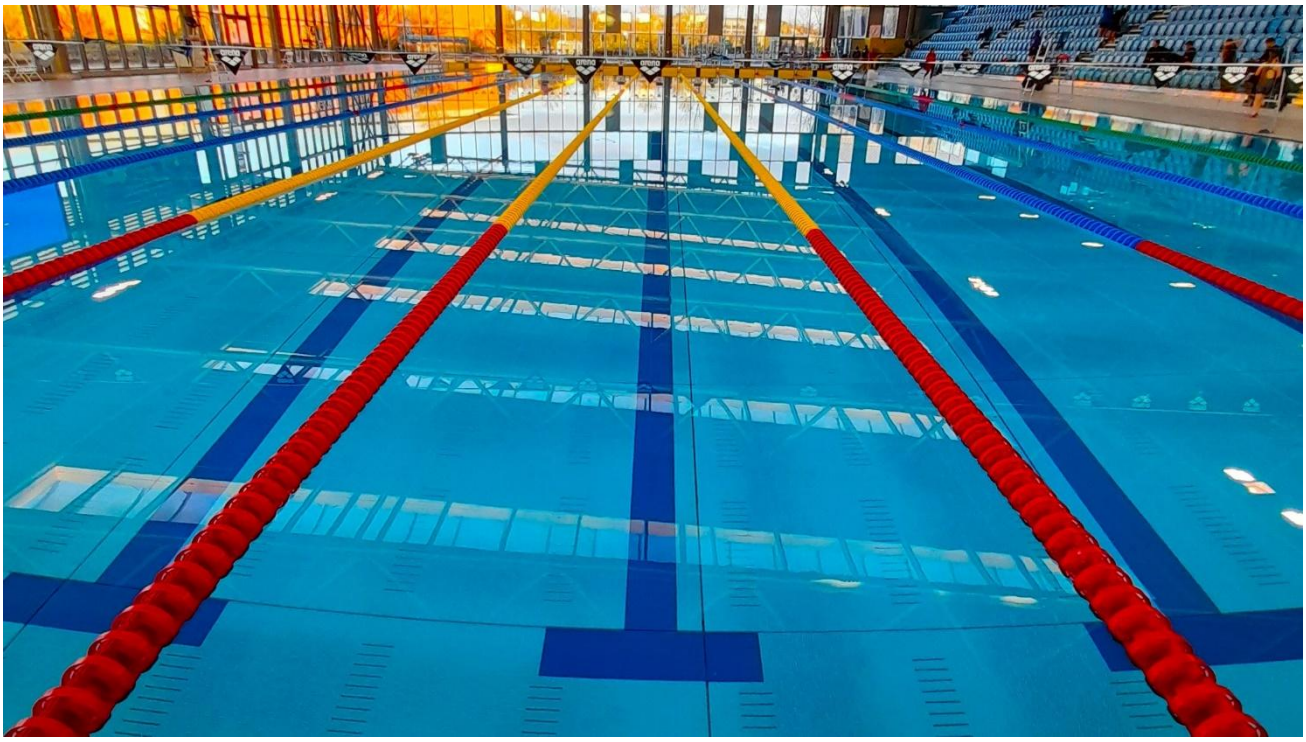
City of Cardiff Swimming Club

Clwb Nofio Dinas Caerdydd

CAERDYDD SUMMER FESTIVAL 2026

LONG COURSE LEVEL 3 MEET



Saturday 27 Sunday 28 June 2026

CARDIFF INTERNATIONAL POOL & GYM

event information | session times to be confirmed

City of Cardiff Swimming Club

Clwb Nofio Dinas Caerdydd

Licence Number: 3WL260095
(Under World Aquatics Technical Rules & Swim Wales Laws)

REMEMBERING | KEITH BEWLEY

C A E R D Y D D · S U M M E R · F E S T I V A L

Incorporating

CARDIFF BAY SPRINT MEET | KEITH BEWLEY MEMORIAL

LICENCE NUMBER 3WL260095
(Under World Aquatics Technical Rules and Swim Wales Laws)

Saturday 27 Sunday 28 June 2026

Caerdydd Summer Festival 2026 is a level 3 meet bringing together Cardiff Bay Sprint Meet being run for the 37th time and the Keith Bewley Memorial Meet.

This end of season event enables athletes to achieve times suitable for entry into Regional, National & Level 1 Meets.

VENUE **Cardiff International Pool, Olympian Drive, Cardiff, CF11 0JS**

POOL **10 Lane 50m pool | Swiss Timing Quantum | anti-turbulence lane ropes**

AGE GROUPS 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs & over OPEN MC/Para Swimmers
Female athletes with a birth sex of female.
Open/Male athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the female category

AGE AT DATE **28 JUNE 2026 | Minimum age for entry is 9 years**
Entries accepted from 31/12/2022

EVENTS **HDW - Heat Declared Winner**

HDW	50m	Backstroke Breaststroke Butterfly Freestyle	- All Age Groups + MC
HDW	100m	Backstroke Breaststroke Butterfly Freestyle	- All Age Groups + MC
HDW	200m	Backstroke Breaststroke Butterfly	- All Age Groups
HDW	200m	Freestyle	- All Age Groups + MC
HDW	200m	Individual Medley	- All Age Groups + MC
HDW	400m	Individual Medley	- 12yrs +

Officials & Poolside Volunteering

In order to be able to use all 10 lanes CoCardiff require parents from all participating clubs to volunteer to be qualified officials at this gala. Each visiting club are requested to provide **at least two qualified officials per session.** Our dress code is white tops, black trousers or skirts or (knee length) shorts.

ACCESS SWIM MEET: Swim-Meet
SELECT THIS MEET TO REGISTER YOUR AVAILABILITY

City of Cardiff Swimming Club

Clwb Nofio Dinas Caerdydd

PROGRAMME OF EVENTS | Warm up & Session Times TBC

KEITH BEWLEY MEMORIAL SATURDAY SESSION ONE			KEITH BEWLEY MEMORIAL SUNDAY SESSION FOUR		
101 HDW	Male	100m Backstroke	401 HDW	Female	100m Backstroke
102 HDW	Female	200m Backstroke	402 HDW	Male	200m Backstroke
103 HDW	Male	200m Butterfly	403 HDW	Female	200m Butterfly
104 HDW	Female	100m Butterfly	404 HDW	Male	100m Butterfly
105 HDW	Male	200m Breaststroke	405 HDW	Female	200m Breaststroke

CARDIFF BAY SPRINT MEET SATURDAY SESSION TWO			CARDIFF BAY SPRINT SUNDAY SESSION FIVE		
201 HDW	Female	50m Backstroke	501 HDW	Male	50m Backstroke
202 HDW	Male	50m Butterfly	502 HDW	Female	50m Butterfly
203 HDW	Female	50m Freestyle	503 HDW	Male	50m Freestyle
204 HDW	Male	50m Breaststroke	504 HDW	Female	50m Breaststroke
205 HDW	Female	200m IM	505 HDW	Male	200m IM

KEITH BEWLEY MEMORIAL SATURDAY SESSION THREE			KEITH BEWLEY MEMORIAL SUNDAY SESSION SIX		
301 HDW	Male 12+	400m IM	601 HDW	Female 12+	400m IM
302 HDW	Female	100m Breaststroke	602 HDW	Male	100m Breaststroke
303 HDW	Male	200m Freestyle	603 HDW	Female	200m Freestyle
304 HDW	Female	100m Freestyle	604 HDW	Male	100m Freestyle

PROMOTER'S CONDITIONS

CLOSING DATE **SUNDAY 31 MAY 2026 Time: 20:00** (No late entries will be accepted)

ENTRY PRICING £9.50 per event

AWARDS Medals will be awarded to the first 3 places in each age category.

No medal will be awarded to any swimmer finishing in a time faster than that set by the **UPPER CUT OFF TIME.** They will be issued with a 'speeding medal or ticket' and for that event. Swimmers must ensure that they are suitably clothed (t shirt and shorts) when receiving awards. Medals will only be available on the day and can be collected from the medal table on poolside.

CARDIFF BAY SPRINT 50m EVENTS

The top 9-year-old swimmer will be awarded the **'Rowland Jones Trophy'** at the end of the Meet and the winner will be able to keep a commemorative trophy.

The **'Brian Hardwicke Cup'** will be awarded to the top 12-year-old swimmer at the end of the Meet and the winner will be able to keep a commemorative cup.

Events qualifying for the Trophy & Cup will be by the completion of **all four 50m Events.** Points basis are 25 points for 1st place, 20 points 2nd place and 15 points for 3rd place. Then 4 -1 points for fourth thru to 7th place.

ENTRIES Upper Cut Off Times will be applied to all events with all entry times being slower than the UCT.

Entries with No Times (NT) are accepted.

Entry Times must have been obtained at a licenced meet, and random checks will be made against the Swim England Rankings Database. City of Cardiff Swimming Club may request validation of any stated entry time.

If swimmers are found to have entered the meet with any false or made-up times, they will be disqualified from all events that they have entered and their entry fees will be forfeited.

Entry times may be submitted as short course or long course times using the Hy-Tek entry file but will be converted to long course times using Hy-Tek's Meet Manager software. Estimated times are not permitted.

The electronic event entry file is available at: www.cardiffswimming.co.uk
Email electronic entries/enquiries to ccsc.homemeets@gmail.com

Team Manager Lite application and instructions can be downloaded free of charge from www.hy-tekltd.com/downloads

Para competitors must have an authorised S1 – S14 World Para Swimming (WPS) British Para Swimming, Virtus (INAS-FID) Sport Excel (S64 UK Level Classification) or British Blind Sport (British Paralympic Association) classification held on the Home Nation Membership, Virtus Master list or WPS Classification database at the time of entry. There are no time standards for para competitors in this meet, who will be integrated into events in accordance with their entry time.

Clubs are requested to send all entries with the completed summary sheet and any poolside applications at the same time with one payment via BACS transfer, (BACS details available upon request) to cover all swimmers and coach passes.

Electronic entries will be acknowledged with receipt confirmation. No entries will be processed until full and complete payment is received.

Entry forms are to be retained by the club. There will be no entry cards for this event.

Entries will be rejected for the following reasons:

- Incorrectly completed or received without the relevant fee
- Faster than the upper cut off entry times
- Improved entries
- Received after the closing date **SUNDAY 31 MAY 2026**

NO LATE ENTRIES WILL BE ACCEPTED | NO ENTRIES ON THE DAY

The Promoter reserves the right to limit entries. In the event that entries are rejected the entry fee will be refunded to club in question.

City of Cardiff Swimming Club reserves the right to return entries if the meet is oversubscribed. In this case, the slowest entry times in each age group will be rejected and swimmers will be scratched at the promoter's discretion.

City of Cardiff Swimming Club reserves the right to cancel the event if the meet is under subscribed. City of Cardiff Swimming Club reserves the right to move events (as a last

resort) if the meet is oversubscribed in order to comply with timing requirements set out by Meet Licensing.
On receipt of all entries City of Cardiff Swimming Club will run a competition entry check to ensure all entrants are current members of their club and their details exactly match with the records held on Rankings. Clubs will be notified of any "non-matches" or other issues detected. They must provide updated swimmer information. There is a chance that non-matched swimmers will not have their results added to Rankings.

MEET RESULTS

The Meet results will be submitted to Swim England to be uploaded onto Rankings and provided to all participating clubs.

POOL PASSES

Coach and Team Manager's packs are available £30 for the weekend. They include heat sheets, food and refreshments. Only swimmers, team managers and coaches with passes will be allowed on poolside.

Swim Wales passes may be used for identification; however, a pool pass must be purchased. Passes for Coaches will only be issued on receipt of Swim Wales/Swim England registration number, a DBS number and a passport photo.

Team Managers need to be registered with Swim Wales (or equivalent national swimming organization), hold a valid DBS check and have the relevant safeguarding and team management qualifications.

Para swimmers' personal care attendants will be entitled to one free Pass.

THERE IS NO ACCESS TO POOLSIDE FOR ANYONE WITHOUT A POOL PASS. PASSES MUST BE PURCHASED IN ADVANCE & ARE NON-TRANSFERABLE

SEEDING

All events will be spearheaded and swum slow to fast, based on entry times.

SESSION TIMES

Session timing will be finalised once all entries have been processed and swimmers/clubs will be notified accordingly. Please note that it is the swimmers` responsibility to present themselves, ready to swim, to the marshalling area prior to the start of their event.

SPECTATORS

Tickets will be available via OrderWhizz. Further details will be circulated with the confirmed entries. Seating maybe limited subject to the number of swimmers entered. The meet programme will be available to be downloaded.

STARTS

Over the top starts will be used wherever possible.

ELECTRONICS

Quantum electronic timing system with electronic display provided by Swiss Timing.

WITHDRAWALS

All withdrawals must be notified via email ccsc.homemeets@gmail.com before the commencement of the meet.

During the gala, all withdrawals must be notified in writing to the meet office by no later than 5:00pm on the day before competition. No refunds will be made for withdrawals after the entry deadline other than on medical grounds. A medical note must be provided on or before 24 July 2026.

CAMERA USE

The use of all photographic equipment and mobile phones is controlled at this Meet. NO FLASH photography is permitted. This guidance applies to all images and videos taken on any type of camera or recording device (including mobile phones that have a camera facility/hardware are recognised as a camera or photographic device).

City of Cardiff Swimming Club follow Swim Wales guidance which does not support the banning of phones but does support the requirement that phones should emit a 'noticeable sound' if the camera facility is used. Any photos taken should fall within the Swim Wales guidelines which are contained in the General Meet Conditions under "Events" at www.swimwales.org/key-documents.

The publishing of a photograph of a swimmer under 18, either on a notice board or in a published article or video recording (including video streaming) of the Meet should only be done with parental consent and in line with Swim Wales guidelines

CAR PARKING

Provided by Cardiff Council please use the Events car parking which is off International Drive. Do not use the former TOYS R US car park opposite the International Pool. There is a daily charge. The Club & Legacy Leisure receive no income from the parking

CONDUCT

Behavior becomes "unacceptable" when it is considered "offensive" to others; this includes, but is not limited to, the following:

Theft, willful damage to property and or equipment, acts of vandalism, abuse of alcohol and or drugs, bullying, offensive language, aggressive/violent acts, threatening behavior, all breaches of safety practices, failure to comply with instructions/directions, actions that bring the sport of swimming into disrepute

Unacceptable behavior will not be tolerated in any circumstances, and all such occurrences will be referred to the Meet Director and Referee and could result in removal from the competition.

HEALTH & SAFETY

All swimmers, officials, volunteers, spectators, and visitors are required, at all times, to abide by the rules set out in the Pool Operating Procedures and Normal Operating Procedures & Emergency Action Plan for Cardiff International Pool.

No outdoors shoes to be worn on the poolside. Suitable footwear must be worn outside the pool area (including the balcony area) and particularly when moving around and climbing the steps in the competitors' area.

For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm-ups / swim-downs and / or competition. This includes watches, necklaces, chains, bangles, wrist bands, earrings (except studs), and rings (except wedding bands).

City of Cardiff Swimming Club will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

The front four rows of the spectator area are reserved for swimmers and coaches only seated in their Clubs. Swimmers are asked not to enter the spectators' area or balcony/foyer whilst they are competing.

If you are unable to execute a competent racing dive do not use the starting blocks at any time during this swim meet. A competent racing dive is defined as in the Swim England Competitive start award; each swimmer is required to hold one of these. It is the Coach and/or Team Managers responsibility to ensure that this is the case for all swimmers intending to execute a racing dive.

No swimmer should topple into the water in the event of a false or faulty start - a proper shallow dive must be performed. It is the responsibility of the swimmer and/or parent to declare to the referee any disability or medical condition that could present a health or safety risk. If such a disability or medical condition exists swimmers must produce a medical certificate confirming that their participation presents no health or safety problems.

DATA PROTECTION

Submission of entries implies consent to the holding of any personal data collected and used by City of Cardiff Swimming Club in accordance with the Data Protection Act 1998 and General Data Protection Regulations (GDPR) May 2018.

These details may be made public before, during or after the Meet. All data will be recorded privately, securely stored and disposed of when no longer needed. You have the right to view your personal data & request its deletion under GDPR.

GENERAL

Any point not covered by these rules will be at the discretion of the organisers. Depending upon the situation, the Referee's decision will be final.

APPEALS

Any appeals must be submitted in accordance with World Aquatics procedures and will be handled appropriately by the Meet Director and Referees.

EMERGENCY PROCEDURE

Any evacuation of the Cardiff International Pool will be led by the Legacy Leisure staff over the gala event with no action required other than to follow the instructions of the centre staff.

Suspicious Items If you suspect a suspicious item:

- Do not touch. Try and identify an owner in the immediate area
- If you still think it is suspicious do not feel embarrassed or assume someone has already reported it
- Report it to a member of the centre staff, or if they are not available dial 999 (do not use your mobile phone in the immediate vicinity)
- Move away to a safe distance - Even for a small item such as a briefcase move at least 100m away from the item starting from the centre and moving out.
- Report anyone entering an area they shouldn't be in
- Remain vigilant to any suspicious activity and report to a member of the Centre staff immediately

REMEMBER - IF YOU THINK IT IS SUSPICIOUS SAY SOMETHING

City of Cardiff Swimming Club

Clwb Nofio Dinas Caerdydd

Cardiff International Pool, Cardiff
27 & 28 JUNE 2026
LICENCE NUMBER 3WL260095
(Under World Aquatics Technical Rules & Swim Wales Laws)

Coaches/Team Managers/ Chaperone/Pass - Application Form

PLEASE FULLY COMPLETE EACH SECTION EITHER ENCLOSE OR EMAIL JPEG PHOTOGRAPH FOR EACH PERSON		
CLUB: Full Name & Position	Swim Wales/Swim England/Scottish Swimming Affiliation No.	DBS Number
1		
2		
3		
4		
5		

Meet Entry Summary Sheet

It is requested that a single payment via BACS is made for the complete club entry

Name of Club			Club Code
Contact Name/email			**CLUB BANK info for refund** Bank Sort Code Account No.
Address			
TEAM SIZE			
No. Of Individual Entries		@ £9.50 per event	£
No. Of Passes		@ £30.00 each	£
Total payment made payable to City of Cardiff Swimming Club			£

I declare that only our team members who have reached the standard of the Swim England Competitive Start Award will be permitted to start from the poolside. Those who have not will start in the water. I confirm all the Meet Conditions have been brought to the attention of swimmers, parents/guardians and coaches including the rules regarding photography. I agree to abide by the conditions laid down by the Meet Management for this event.

Club Secretary Signature ..... Date: .....

This Form must be completed. Entries, payments, supporting reports, and poolside pass applications are to be emailed with the Hy-Tek Meet Entry Fee Report and Entry File to **ccsc.homemeets@gmail.com**

CLOSING DATE: SUNDAY 31 MAY 2026 at 20:00

CAERDYDD SUMMER FESTIVAL 2026

Cardiff International Pool, Cardiff
27 & 28 JUNE 2026
LICENCE NUMBER LICENCE NUMBER 3WL260095
(Under World Aquatics Technical Rules & Swim Wales Laws)

LONG COURSE UPPER CUT OFF TIMES

MALE (AAA GRADE UCTS)								
	AGE	**9**	**10**	**11**	**12**	**13**	**14**	**15yrs +**
50m Freestyle	UCT	37.10	33.40	31.50	29.90	28.50	27.40	26.30
100m Freestyle	UCT	1:25.90	1:12.40	1:06.80	1:02.70	59.80	58.20	56.90
200m Freestyle	UCT	2:56.10	2:36.20	2:24.70	2:16.30	2:10.60	2:06.40	2:04.10
50m Breaststroke	UCT	49.60	44.50	41.20	38.20	36.10	34.60	33.40
100m Breaststroke	UCT	1:52.20	1:35.10	1:26.40	1:20.80	1:16.30	1:13.70	1:11.90
200m Breaststroke	UCT	3:47.30	3:23.50	3:06.40	2:55.20	2:45.50	2:38.90	2:35.00
50m Butterfly	UCT	42.70	37.30	34.90	32.70	31.00	29.80	28.50
100m Butterfly	UCT	1:36.00	1:22.50	1:14.70	1:09.70	1:06.10	1:03.40	1:01.70
200m Butterfly	UCT	3:33.80	3:02.60	2:43.50	2:33.40	2:26.10	2:20.10	2:16.40
50m Backstroke	UCT	43.80	39.40	36.90	34.80	33.00	31.50	30.60
100m Backstroke	UCT	1:36.00	1:23.00	1:16.30	1:11.80	1:08.10	1:05.30	1:03.80
200m Backstroke	UCT	3:16.60	2:55.70	2:42.70	2:33.80	2:26.10	2:21.30	2:17.80
200m I/M	UCT	3:21.80	2:58.80	2:44.50	2:35.40	2:28.10	2:23.20	2:19.90
400m I/M	UCT				5:28.50	5:14.20	5:03.50	4:56.80

UCT = Upper Cut Off Time

Short Course Times will be converted to Long Course by Hy-Tek Meet Manager Software.
The organisers reserve the right to return Entries.

CAERDYDD SUMMER FESTIVAL 2026

Cardiff International Pool, Cardiff
27 & 28 JUNE 2026
LICENCE NUMBER LICENCE NUMBER 3WL260095
(Under World Aquatics Technical Rules & Swim Wales Laws)

LONG COURSE UPPER CUT OFF TIMES

FEMALE (AAA GRADE UCTS)								
	AGE	**9**	**10**	**11**	**12**	**13**	**14**	**15yrs +**
50m Freestyle	UCT	37.20	34.10	31.90	30.60	29.80	29.00	28.70
100m Freestyle	UCT	1:26.00	1:13.60	1:07.40	1:04.70	1:03.30	1:02.10	1:01.80
200m Freestyle	UCT	3:02.70	2:37.20	2:25.70	2:19.70	2:15.80	2:13.70	2:12.10
50m Breaststroke	UCT	49.90	44.00	41.00	38.90	37.70	36.60	36.00
100m Breaststroke	UCT	1:53.60	1:34.70	1:26.80	1:22.10	1:19.10	1:18.00	1:17.70
200m Breaststroke	UCT	3:54.70	3:21.90	3:04.80	2:56.60	2:50.40	2:46.80	2:46.00
50m Butterfly	UCT	42.30	37.90	35.00	33.50	32.10	31.50	31.00
100m Butterfly	UCT	1:34.70	1:23.60	1:15.20	1:11.30	1:09.00	1:08.00	1:07.20
200m Butterfly	UCT	3:28.00	3:05.20	2:44.80	2:36.90	2:31.30	2:28.00	2:25.90
50m Backstroke	UCT	43.80	39.40	36.90	35.30	34.40	33.50	32.90
100m Backstroke	UCT	1:38.50	1:23.70	1:16.70	1:12.80	1:11.30	1:10.20	1:09.20
200m Backstroke	UCT	3:23.40	2:56.40	2:42.90	2:35.60	2:31.80	2:29.50	2:27.20
200m I/M	UCT	3:25.60	2:58.90	2:45.50	2:37.60	2:33.90	2:31.70	2:29.80
400m I/M	UCT				5:30.80	5:22.40	5:18.70	5:15.10

UCT = Upper Cut Off Time

Short Course Times will be converted to Long Course by Hy-Tek Meet Manager Software.
The organisers reserve the right to return Entries.